

Brand	* Product	Size	Regular Price	Sale Price
PRODUCE				
	Bulk Baby Spinach (O)		\$7.99 /lb	\$6.49 /lb
	Cauliflower (O).....		\$2.49 /lb	\$1.99 /lb
	Dino Kale (O).....		\$3.29	\$2.59
	Jicama		\$1.49 /lb	\$1.19 /lb
	Page Mandarin (O)		\$2.99 /lb	\$1.99 /lb
REFRIGERATED GROCERY				
Brown Cow	Whole Milk Yogurt - All Varieties	6oz	\$0.99	\$0.75
Food for Life	7-Grain English Muffins (O)	16oz	\$4.99	\$3.29
	English Muffins (GF)	18oz	\$5.89	\$3.29
	Raisin English Muffins (O)	16oz	\$5.59	\$3.29
GT's Kombucha	Kombucha - All Varieties (O)	16oz	\$3.39	\$2.49
Kalona SuperNatural	Cottage Cheese (O) (L)	16oz	\$4.19	\$3.79
	Cottage Cheese, Lowfat (O) (L)	16oz	\$4.19	\$3.79
	Sour Cream (O) (L)	16oz	\$3.29	\$2.79
Kozy Shack	Chocolate Pudding Cups	4ct	\$3.59	\$2.49
Manitoba Harvest	Hemp Seed Butter	10oz	\$9.99	\$6.49
Organic Valley	Vanilla Half & Half (O) (L)	16oz	\$2.69	\$2.19
	Cream Cheese (O) (L)	8oz	\$3.29	\$2.49
	Neufchatel Cheese (O) (L)	8oz	\$3.29	\$2.49
Whole Soy	Soy Yogurt - All Varieties	6oz	\$1.09	\$0.79
	Unsweetened Soy Yogurt (O)	24oz	\$3.19	\$2.79
	Vanilla Soy Yogurt (O)	24oz	\$3.19	\$2.79
DELI				
Wedge Deli	Bombay Sweet Potatoes (L)		\$6.99 /lb	\$6.49 /lb
	Cashew Chicken Salad (L)		\$12.99 /lb	\$12.49 /lb
	Guacamole (L).....		\$9.99 /lb	\$9.49 /lb
	Salsa Fresca (L) (O).....		\$5.99 /lb	\$5.49 /lb
	Three-Bean Chili (L)		\$4.99 /lb	\$3.99 /lb
Wedge Deli Bakery	Heart Mini Cake (L).....		\$4.99
	Vegan Chocolate Pudding (L)		\$5.99 /lb	\$5.49 /lb
Wedge Juice Bar	Lemon Ginger Hot Toddy (L).....		\$4.99	\$3.99
Pizza of the Month	Buffalo Chicken Pizza (L)	\$10.99

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CHEESE				
	Delice de Bourgogne		\$12.99 /lb	\$11.99 /lb
Alemar	Bent River		\$22.59 /lb	\$21.59 /lb
Cacio di Bosco	Tartufo		\$29.99 /lb	\$27.99 /lb
Roth Kase	Grand Cru Gruyere.....		\$16.99 /lb	\$15.99 /lb
Uniekaas	Dutch Parrano.....		\$14.99 /lb	\$12.99 /lb
Widmer's	Four-Year Cheddar		\$14.29 /lb	\$13.79 /lb
MEAT & SEAFOOD				
Kadejan	Ground Chicken Thigh (L)		\$4.99 /lb	\$4.49 /lb
	Ground Turkey Breast (L)		\$5.99 /lb	\$5.49 /lb
	Ground Turkey Thigh (L).....		\$4.99 /lb	\$4.49 /lb
	Whole Chicken (L).....		\$2.49 /lb	\$2.29 /lb
Sail Supreme	Frozen Cooked Shrimp	16oz	\$11.99	\$10.99
Thousand Hills	Uncured Beef Summer Sausage (L)	12oz	\$5.99	\$5.49
BAKEHOUSE				
Wedge Bakehouse	Blueberry Streusel Danish (L)		\$2.99	\$2.69
	Mini Cinnamon Rolls (L)	9ct	\$5.99	\$5.49
	Milk n' Honey White Bread (O) (L)	24oz	\$3.99	\$2.99
	Multigrain Bread (L)	26oz	\$3.79	\$2.99
	Sunflower Wheat Bread (L)	26oz	\$3.79	\$2.99
BREAD				
Rudi's Organic Bakery	100% Whole Wheat Bread (O)	22oz	\$4.49	\$3.59
	Country White Bread (O)	22oz	\$4.49	\$3.59
	Cracked Wheat Bread (O)	22oz	\$4.49	\$3.59
	Honey Whole Wheat Bread (O)	22oz	\$4.49	\$3.59
	Jewish Rye Bread (O)	22oz	\$4.49	\$3.59
	Multigrain Oat Bread (O)	22oz	\$4.49	\$3.59
	Nut & Oat Bread (O)	22oz	\$4.49	\$3.59
	Sourdough Bread (O)	22oz	\$4.49	\$3.59



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FROZEN				
Amy's	Lasagna - All Varieties	9.5 - 10.3oz	\$4.79	\$3.79
	Cheese Pizza	13oz	\$5.99	\$4.99
	Spinach Pizza	14oz	\$5.99	\$4.99
	3-Cheese Pizza	14.5oz	\$7.49	\$5.99
	Pesto Vegetable Pizza	13.5oz	\$7.49	\$5.99
	Roasted Vegetable Pizza	12oz	\$7.49	\$5.99
	Rice Crust Spinach Soy Pizza (GF)	14oz	\$8.69	\$7.29
Cascadian Farms	Asparagus Cuts (O)	9oz	\$4.39	\$2.99
	Broccoli Cuts (O)	16oz	\$2.99	\$2.29
	Crinkle Fries	16oz	\$3.29	\$2.29
	Cut Spinach (O)	10oz	\$3.29	\$2.29
	Green Beans (O)	16oz	\$2.99	\$2.29
	Green Beans with Almonds (O)	7.4oz	\$3.29	\$2.29
	Green Peas (O)	16oz	\$2.99	\$2.29
	Hash Browns (O)	16oz	\$3.29	\$2.29
	Mixed Vegetables (O)	16oz	\$2.99	\$2.29
	Shoestring Fries	16oz	\$3.29	\$2.29
	Spud Puppies	16oz	\$3.29	\$2.29
	Sweet Corn (O)	16oz	\$2.99	\$2.29
	Winter Squash (O)	10oz	\$3.29	\$2.29
Ethnic Gourmet	Entrees - All Varieties.....	10 - 11oz	\$4.59	\$3.29
Rising Moon	Cheddar Potato Pierogi (O)	16oz	\$6.69	\$4.39
	Potato Onion Pierogi (O)	16oz	\$6.69	\$4.39
	Basil Asiago Ravioli (O)	16oz	\$7.69	\$4.99
	Four-Cheese Ravioli (O)	16oz	\$7.69	\$4.99
	Spinach Ricotta Ravioli (O)	16oz	\$7.69	\$4.99
	Squash Ravioli (O)	16oz	\$7.69	\$4.99
Tofutti	Cuties - All Varieties	8ct	\$4.79	\$3.59
Udi's	Blueberry Muffins (GF)	12oz	\$6.79	\$4.99
	Cinnamon Rolls (GF)	4pk	\$7.39	\$5.29
Van's	Waffles - All Varieties	8 - 9oz	\$3.29	\$2.29
BULK				
	Chocolate Malt Balls		\$9.59 /lb	\$5.99 /lb
	Navy Beans (O)		\$1.79 /lb	\$1.49 /lb
	Pearled Barley (O)		\$1.19 /lb	\$0.89 /lb
	Pearled Farro (O)		\$3.49 /lb	\$2.89 /lb
	Quinoa Pagoda Pasta		\$4.99 /lb	\$4.19 /lb
	Yogurt Raisins		\$6.39 /lb	\$3.99 /lb

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BULK Continued				
Bergin Fruit & Nut Co.	Dark Chocolate Almonds (L)		\$8.99 /lb	\$7.29 /lb
Lundberg	Arborio Rice		\$2.69 /lb	\$1.99 /lb
Manitoba Harvest	Shelled Hemp Seeds		\$11.49 /lb	\$7.99 /lb
Tierra Farms	Thompson Raisins (O)		\$2.99 /lb	\$2.39 /lb
Whole Grain Milling	Garbanzo Beans (O)		\$2.29 /lb	\$1.99 /lb
Equal Exchange	Breakfast Blend Coffee (O)		\$11.79 /lb	\$9.99 /lb
	Colombian Full City Coffee (O)		\$11.79 /lb	\$9.99 /lb
	French Roast Coffee (O)		\$11.79 /lb	\$9.99 /lb
	Midnight Sun Coffee (O)		\$11.79 /lb	\$9.99 /lb
	Mind Body Soul Coffee (O)		\$11.79 /lb	\$9.99 /lb
	Roast 25 Coffee (O)		\$11.79 /lb	\$9.99 /lb
Just Coffee	Dominican Republic Coffee (O) (L)		\$12.69 /lb	\$11.59 /lb
Kickapoo Coffee	Driftless Dark Coffee (O) (L)		\$12.89 /lb	\$11.29 /lb
Peace Coffee	Birchwood Blend Coffee (O) (L)		\$11.49 /lb	\$8.99 /lb
PACKAGED GROCERY				
Alter Eco	* Chocolate Bar - All Varieties (O)	3.5oz	\$4.49	\$2.99
Amy's	Alphabet Soup (O)	14.1oz	\$2.49	\$2.19
	Black Bean Vegetable Soup (O) (GF)	14.5oz	\$2.89	\$2.49
	Chunky Vegetable Soup (O) (GF)	14.3oz	\$2.89	\$2.49
	Cream of Mushroom Soup (O)	14.1oz	\$2.89	\$2.49
	Creamy Tomato Soup (O) (GF)	14.5oz	\$2.49	\$2.19
	Curried Lentil Soup (GF)	14.5oz	\$2.89	\$2.49
	French Country Vegetable Soup (O)	14.4oz	\$3.19	\$2.49
	Indian Lentil Soup	14.4oz	\$2.89	\$2.49
	Italian Vegetable Soup (O)	14oz	\$3.19	\$2.49
	Lentil Soup (O) (GF)	14.5oz	\$2.49	\$2.19
	Lentil Vegetable Soup (O) (GF)	14.5oz	\$2.49	\$2.19
	Minestrone Soup, Low Fat (O)	14.1oz	\$2.49	\$2.19
	No-Chicken Noodle Soup	14.1oz	\$2.49	\$2.19
	Southwest Vegetable Soup (O) (GF)	14.3oz	\$3.19	\$2.49
	Spanish Rice & Bean Soup (O)	14.7oz	\$2.89	\$2.49
	Split Pea Soup (O)	14.1oz	\$2.49	\$2.19
	Thai Coconut Soup (GF)	14.1oz	\$3.19	\$2.49
	Tomato Bisque (O) (GF)	14.5oz	\$2.89	\$2.49
	Tuscan Bean Soup (O)	14.1oz	\$3.19	\$2.49

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PACKAGED GROCERY Continued				
Amy's cont.	Vegetable Barley Soup (O)	14.1oz	\$2.49	\$2.19
	Lentil Soup, Low-Sodium (O)	14.5oz	\$2.49	\$2.19
	Lentil Vegetable Soup, Low-Sodium (O) (GF)	14.5oz	\$2.49	\$2.19
	Minestrone Soup, Low-Sodium (O)	14.1oz	\$2.49	\$2.19
	Split Pea Soup, Low-Sodium (O) (GF)	14.1oz	\$2.49	\$2.19
	Squash Soup, Low-Sodium (O)	14.1oz	\$2.49	\$2.19
	Tomato Bisque, Low-Sodium (O) (GF)	14.5oz	\$2.99	\$2.49
	Tomato Soup, Low-Sodium (O) (GF)	14.5oz	\$2.49	\$2.19
Ancient Harvest	* Quinoa (O) (GF)	12oz	\$4.99	\$3.49
Annie's Homegrown	Aged Cheddar & Shells.....	6oz	\$1.99	\$1.29
	Arthur Mac & Cheese	6oz	\$1.99	\$1.29
	Bunny Pasta & Cheese.....	6oz	\$1.99	\$1.29
	Butter & Parmesan Spirals	5.25oz	\$1.99	\$1.29
	Classic Mac & Cheese	6oz	\$1.99	\$1.29
	Low-Sodium Mac & Cheese	6oz	\$1.99	\$1.29
	Shells & White Cheddar	6oz	\$1.99	\$1.29
	* Four Cheese Rotini	7.25oz	\$3.19	\$2.79
	* Penne & Alfredo Sauce	7.25oz	\$3.19	\$2.79
	* Cheeseburger Macaroni (O)	6.5oz	\$3.99	\$3.29
	* Cheesy Lasagna (O)	6.4oz	\$3.99	\$3.29
	* Creamy Tuna Spirals (O)	7.25oz	\$3.99	\$3.29
	* Herb Cheddar Chicken Mix (O)	7.25oz	\$3.99	\$3.29
	* White Cheddar Microwaveable Mac & Cheese	10.7oz	\$4.99	\$4.49
	* Aged Cheddar Microwaveable Mac & Cheese	10.7oz	\$5.19	\$4.49
	Bunny Snack Mix (O).....	9oz	\$5.49	\$3.79
	Cheddar Bunny Snack Mix (O).....	9oz	\$5.49	\$3.79
Bragg	* Liquid Amino Spray (GF)	6oz	\$3.89	\$2.79
	* Liquid Aminos (GF)	16oz	\$5.19	\$3.79
	* Liquid Aminos (GF)	32oz	\$8.69	\$6.29
	* Apple Cider Vinegar (O) (GF)	16oz	\$3.89	\$2.79
	* Apple Cider Vinegar (O) (GF)	32oz	\$6.39	\$4.79
Cascadian Farms	Cereal and Granola - All Varieties (O)	9 - 17oz	\$4.99	\$3.49
Castor & Pollux	Cheese Dog Cookies (O)	12oz	\$6.59	\$4.79
	Chicken Dog Cookies (O)	12oz	\$6.59	\$4.79
	Peanut Butter Dog Cookies (O)	12oz	\$6.59	\$4.79
Chocolove	73% Dark Chocolate Bar (O)	3.2oz	\$3.49	\$2.49
	Chocolate Bars - All Varieties	3.2oz	\$2.89	\$1.99
Citra-Solv	Ultra Citra-Dish Liquid	25oz	\$4.69	\$3.29

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PACKAGED GROCERY Continued				
Crofter's	Just Fruit Spread - All Varieties (O)	10oz	\$4.49	\$2.79
	Premium Fruit Spread - All Varieties (O)	10oz	\$3.99	\$2.39
	Premium Fruit Spread - All Varieties (O)	16.5oz	\$5.19 - \$5.89	\$3.79
Divine	Strawberry White Chocolate Bar	3.5oz	\$6.49	\$5.49
	70% Dark Chocolate Hearts	3.5oz	\$6.49	\$5.49
	Milk Chocolate Hearts	3.5oz	\$6.49	\$5.49
Dogswell	Happy Hip Chicken Dog Treats	.5oz	\$6.99	\$4.79
	Mellow Mutt Chicken Dog Treats	.5oz	\$6.99	\$4.79
Drew's	Salad Dressing - All Varieties	12oz	\$3.59	\$2.39
Earth Friendly Products	Fruit & Vegetable Wash	22oz	\$3.99	\$2.99
	Furniture Polish	22oz	\$5.69	\$3.99
	Orange Plus Spray	22oz	\$3.99	\$2.99
	Shower Cleaner	22oz	\$4.99	\$3.79
	Stain & Odor Remover	22oz	\$4.99	\$2.99
	Window Cleaner	22oz	\$4.19	\$2.99
Ecover	Toilet Bowl Cleaner	25oz	\$4.19	\$3.29
Edward & Sons	* Italian Breadcrumbs (O)	15oz	\$5.39	\$3.79
	* Light Salt Breadcrumbs (O)	15oz	\$5.39	\$3.79
Emperor's Kitchen	* Chopped Garlic or Ginger (O)	4.5oz	\$3.49	\$2.19
Endangered Species	Chimp Mints (O) (GF)	0.35oz	\$0.69	\$0.49
	Dark or Milk Chocolate Bug Bites (O) (GF)	0.35oz	\$0.69	\$0.49
Garden of Eatin'	Mini Corn Chips	7.5oz	\$1.99	\$1.69
	Black Bean Chips	7.5oz	\$2.99	\$2.49
	Sesame Blues Chips (GF)	7.5oz	\$2.99	\$2.49
	Sprouted Blue Chips	7.5oz	\$2.99	\$2.49
	Sweet Potato Chips	7.5oz	\$2.99	\$2.49
Ginger People	* Ginger Spread	12.8oz	\$3.89	\$2.49
Green & Black's	* Baking Chocolate Bar (O)	5.3oz	\$5.89	\$3.99
	Mini Chocolate Bar - All Varieties (O)	1.2oz	\$1.89	\$1.29
	Chocolate Bar - All Varieties (O)	3.5oz	\$3.99	\$2.79
Guayaki	Chai Spice Mate (O)	16ct	\$7.59	\$4.99
	EmpowerMint Mate (O)	16ct	\$7.59	\$4.99
	Orange Blossom Mate (O)	16ct	\$7.59	\$4.99
	Yerba Mate Loose Tea (O)	.8oz	\$9.69	\$6.49
	Yerba Mate Tea (O)	25ct	\$7.59	\$5.29

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PACKAGED GROCERY Continued				
Honest Tea	Cherry Cacao Drink (O) (GF)	10.1oz	\$1.79	\$1.29
	Mint Cacao Drink (O) (GF)	10.1oz	\$1.79	\$1.29
	Mocha Cacao Drink (O) (GF)	10.1oz	\$1.79	\$1.29
Jovial	Cookies - All Varieties (O)	7 - 8.8oz	\$4.79	\$2.99
Kashi	TLC Granola Bars - All Varieties	7.4oz	\$5.19	\$3.99
Kettle	Potato Chips - Select Varieties (GF)	5oz	\$2.59	\$1.99
Knudsen	Açaí Berry Juice (O)	32oz	\$6.19	\$4.29
	Blueberry Pomegranate Juice (O)	32oz	\$4.39	\$2.99
	Concord Grape Juice (O)	32oz	\$4.39	\$2.99
	Pear Juice (O)	32oz	\$4.39	\$2.99
	Pomegranate Nectar (O)	32oz	\$3.99	\$2.99
	Prune Juice (O)	32oz	\$6.19	\$4.29
	Sparkling Juice - All Varieties	750ml	\$4.29	\$2.79
LaCroix	Sparkling Water - All Varieties	12pk	\$4.79	\$3.49
Little Bear	White Tortilla Chips	16oz	\$3.49	\$2.99
	Yellow Tortilla Chips	16oz	\$3.49	\$2.99
	Yellow Tortilla Chips, No Salt Added	16oz	\$3.49	\$2.99
Lotus Foods	Bhutanese Red Rice (GF)	15oz	\$4.59	\$3.29
	Forbidden Rice (GF)	15oz	\$4.59	\$3.29
Lundberg	Short Brown Rice (O) (GF)	2lb	\$4.99	\$3.29
	Long Brown Rice (O) (GF)	2lb	\$4.99	\$3.29
	Brown Basmati Rice (O) (GF)	2lb	\$5.99	\$3.79
	White Basmati Rice (O) (GF)	2lb	\$6.89	\$4.39
	Jasmine Rice (O) (GF)	2lb	\$6.89	\$4.39
	Sushi Rice (O) (GF)	2lb	\$5.99	\$3.79
	Brown Rice Penne Pasta (O) (GF)	12oz	\$3.89	\$2.99
	Brown Rice Rotini Pasta (O) (GF)	10oz	\$3.89	\$2.99
MaraNatha	Peanut Butter, Crunchy, No-Stir (O)	16oz	\$6.49	\$4.29
	Peanut Butter, Creamy, No-Stir (O)	16oz	\$7.69	\$4.29
	Peanut Butter, Chunky (O) (GF)	26oz	\$9.99	\$6.29
	Peanut Butter, Creamy (O) (GF)	26oz	\$9.99	\$6.29
Mediterranean Snacks	Cracked Pepper Lentil Chips (GF)	4.5oz	\$3.99	\$2.99
	Parmesan Garlic Lentil Chips (GF)	4.5oz	\$3.99	\$2.99
	Rosemary Garlic Lentil Chips (GF)	4.5oz	\$3.99	\$2.99
	Sea Salt Lentil Chips (GF)	4.5oz	\$3.99	\$2.99

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PACKAGED GROCERY Continued				
Muir Glen	Tomatoes - All Varieties (O)	28oz	\$2.49 - \$2.69	\$1.99
	Salsa - All Varieties (O)	16oz	\$3.89	\$2.99
Nature's Path	Crisp Bars - All Varieties (O) (GF)	6ct	\$4.49	\$2.99
	EnviroKidz Cereal - All Varieties (O) (GF)	10 - 14oz	\$4.79	\$3.29
Newman's Own	Newman O's - All Varieties	13oz	\$4.19	\$3.29
	Chicken Rice Cat Food	5.5oz	\$1.69	\$1.29
	Chicken Salmon Cat Food	5.5oz	\$1.69	\$1.29
	Turkey Cat Food	5.5oz	\$1.69	\$1.29
Nordic Naturals	Pet Cod Liver Oil	8oz	\$18.99	\$13.99
	Pet Omega-3	90ct	\$18.99	\$13.99
Panda	* Licorice Box - All Varieties	7oz	\$3.89	\$2.79
Sahale	Nut Mixes - All Varieties	4 - 5oz	\$5.19	\$3.29
San Pellegrino	San Pellegrino Water	33.8oz	\$2.39	\$1.59
San-J	Tamari (O) (GF)	20oz	\$6.79	\$4.79
	Tamari, Low Sodium (O) (GF)	20oz	\$7.69	\$5.39
Sesmark	Rice Thins - All Varieties	3.2 - 7oz	\$2.49-\$2.59	\$1.99
Seventh Generation	Eucalyptus Lavender Fabric Softener	32oz	\$7.79	\$4.29
	Free & Clear Fabric Softener	32oz	\$7.79	\$4.29
	Free & Clear 4X Laundry Liquid	50oz	\$14.99	\$11.99
	Geranium Vanilla 4X Laundry Liquid	50oz	\$14.99	\$11.99
Simply Organic	Seasoning/Dip Pkts - Select Varieties (O) (L) .0.53 - 1.48oz		\$1.49 - \$1.69	\$1.19
Spectrum	Refined Coconut Oil (O)	14oz	\$7.99	\$5.99
	Unrefined Coconut Oil (O)	14oz	\$9.99	\$7.49
Sushi Sonic	Real Wasabi	1.5oz	\$8.99	\$5.39
Sweet Leaf	Liquid Stevia - All Varieties	2oz	\$12.99	\$9.99
Terra	Spicy Sweet Potato Chips (GF)	6oz	\$3.49	\$2.49
	Sweets & Beets Chips (GF)	6oz	\$3.49	\$2.49
	Sweets & Carrots Chips (GF)	6oz	\$3.49	\$2.49
Westbrae	Beans - All Varieties (O)	25oz	\$2.59	\$1.99

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PACKAGED GROCERY Continued				
Westsoy	Original Soymilk (O)	32oz	\$2.59	\$1.99
	Plain Lowfat Soymilk	32oz	\$1.79	\$1.29
	Vanilla Lowfat Soymilk	32oz	\$1.79	\$1.29
	Plain Plus Soymilk (O) (GF)	32oz	\$2.59	\$1.99
	Vanilla Plus Soymilk (O) (GF)	32oz	\$2.59	\$1.99
	Unsweetened Original Soymilk (O) (GF)	32oz	\$2.59	\$1.99
	Unsweetened Original Vanilla Soymilk (O)	32oz	\$2.59	\$1.99
	Unsweetened Chocolate Soymilk (GF)	32oz	\$2.59	\$1.99
Wholesome Sweeteners	Dark Brown Sugar (O)	24oz	\$4.99	\$4.39
	Light Brown Sugar (O)	24oz	\$4.99	\$4.39
Yogi	Tea - Select Varieties	16ct	\$4.99	\$2.99
Yummy Earth	Yummy Earth Lollipops (O) (GF)	15ct	\$2.59	\$1.79
GENERAL MERCHANDISE				
Ancient Secrets	Nasal Cleansing Pot		\$16.29	\$10.99
PERSONAL CARE				
Alaffia	Body Cream - All Varieties	4oz	\$11.49	\$8.99
	Shea Butter - All Varieties	2oz	\$9.49	\$7.49
Ancient Secrets	Neti Pot Salt	10oz	\$5.69	\$3.99
Aubrey Organics	Lumessence Eye Creme	0.5oz	\$26.49	\$20.99
	Lumessence Lift & Firm Cream	1oz	\$33.49	\$26.79
	Sea Buckthorn Cleanser	4oz	\$8.49	\$6.79
	Sea Buckthorn Cream	4oz	\$16.89	\$13.49
	Sea Buckthorn Mask	4oz	\$9.39	\$7.49
	Sea Buckthorn Toner	8oz	\$9.89	\$7.89
Aura Cacia	Aromatherapy Bath Salts - All Varieties (L)	2.5oz	\$2.99	\$2.29
	Aromatherapy Bath Salts - All Varieties (L)	16oz	\$11.89	\$8.99
	Bubble Bath - All Varieties (L)	13oz	\$8.59	\$5.99
	Foam Bath - All Varieties (L)	2.5oz	\$2.99	\$2.29
	Kids' Foam Bath - All Varieties (L)	2.5oz	\$2.99	\$2.29
	Milk & Oat Bath - All Varieties (O) (L)	1.75oz	\$2.99	\$2.29
Avalon	Body Lotion - All Varieties	12oz	\$11.39	\$7.99
	Lavender or Peppermint Bath Gel	12oz	\$10.49	\$7.99
	Shampoo or Conditioner - All Varieties	11oz	\$9.99	\$6.99

Brand	* Product	Size	Regular Price	Sale Price
PERSONAL CARE Continued				
Badger Balm	Original Lip Balm - All Varieties (O)	0.15oz	\$3.19	\$1.99
	Cocoa Butter Lip Balm - All Varieties (O)	0.25oz	\$4.39	\$3.49
	Lip Shimmer - All Varieties	0.17oz	\$5.69	\$4.49
Bulldog Natural Skin Care	Original Face Scrub	3.3oz	\$9.49	\$6.99
	Original Face Wash	5.9oz	\$9.49	\$6.99
	Original Moisturizer	3.3oz	\$13.29	\$9.99
Desert Essence	Baby Air Freshener (GF)	8oz	\$7.59	\$4.99
	Baby Cleanser (O) (GF)	5.3oz	\$9.99	\$6.99
	Baby Massage Oil (O) (GF)	4oz	\$11.99	\$8.99
	Baby Surface Cleaner (GF)	12oz	\$4.79	\$3.49
	Diaper Cream (GF)	3oz	\$9.99	\$6.99
	Sweetie Pie Baby Lotion (GF)	6.4oz	\$11.99	\$8.99
	Body Lotion - All Varieties	8oz	\$8.59	\$5.99
	100% Jojoba Oil	2oz	\$7.69	\$5.49
	100% Jojoba Oil	4oz	\$11.79	\$7.99
Pistachio Foot Creme	3.5oz	\$8.59	\$5.99	
Dr. Bronner's	Rose Bar Soap	5oz	\$4.29	\$2.99
	Body Lotion - All Varieties (O)	8oz	\$9.59	\$6.99
	Unscented Baby Balm (O)	0.5oz	\$4.69	\$3.49
	Lip Balm - All Varieties (O)	0.15oz	\$2.89	\$1.99
	Rose Liquid Soap	2oz	\$2.99	\$1.99
	Rose Liquid Soap	8oz	\$5.99	\$4.49
	Rose Liquid Soap	16oz	\$9.99	\$6.99
	Rose Liquid Soap	32oz	\$14.99	\$11.99
Dr. Hauschka	* Moisturizer - All Varieties	4.9oz	\$39.99	\$29.99
Emerita	Natural Lubricant	2oz	\$9.59	\$6.99
	OH Warming Lubricant	2oz	\$9.59	\$6.99
	Feminine Personal Moisturizer	2oz	\$9.59	\$6.99
	Paraben-Free Pro-Gest Cream	2oz	\$28.99	\$19.99
	Paraben-Free Pro-Gest Cream	4oz	\$43.99	\$29.99
	Paraben-Free Pro-Gest Single-Use	48ct	\$28.99	\$19.99
Phytoestrogen Cream	2oz	\$21.19	\$15.99	
Herban Cowboy	* Deodorant Stick - All Varieties (L)	2.8oz	\$8.59	\$5.99
Jason	Vitamin E Body Lotion	8oz	\$8.99	\$6.99
	Vitamin E Cream 25,000 IU	4oz	\$14.79	\$10.99

Brand	* Product	Size	Regular Price	Sale Price	
PERSONAL CARE Continued					
Lily of the Desert	Aloe Vera Gelly	4oz	\$4.39	\$2.99	
	Aloe Vera Gelly	12oz	\$8.89	\$5.99	
	Aloe Lip Balm	0.15oz	\$3.59	\$2.59	
MyChelle	Entire Line			20% Off	
Natural Dentist	Denture Cleansing Paste	5oz	\$5.69	\$3.99	
	Mint Gum Rinse	16.9oz	\$9.59	\$6.99	
	Toothpaste - All Varieties	5oz	\$7.69	\$4.99	
Nature's Gate	Shampoo or Conditioner - Select Varieties	18oz	\$6.49	\$4.99	
	Tea Tree Shampoo or Conditioner	18oz	\$7.99	\$5.99	
	Herbal Shampoo or Conditioner	32oz	\$10.99	\$7.99	
	Tea Tree Shampoo or Conditioner	32oz	\$13.99	\$9.99	
	Liquid Hand Soap - All Varieties	16oz	\$6.69	\$4.99	
	Moisturizing or Purifying Liquid Soap	12.5oz	\$6.49	\$4.89	
	Aquablock SPF50	4oz	\$9.49	\$6.99	
Sunless Tanning Lotion	4oz	\$8.59	\$5.99		
Olba's	Body Massage Oil	0.32oz	\$8.99	\$6.99	
Simplers	Jasmine Roll-On Perfume Oil	5ml	\$12.69	\$8.99	
	Neroli Roll-On Perfume Oil.....	5ml	\$12.69	\$8.99	
	Rose Roll-On Perfume Oil	5ml	\$12.69	\$8.99	
	Vanilla Roll-On Perfume Oil.....	5ml	\$12.69	\$8.99	
	Rose Otto Oil	1ml	\$35.99	\$26.99	
	Ylang Ylang Extra Oil (O)	5ml	\$21.19	\$14.99	
Soothing Touch	Bath Salts - All Varieties	32oz	\$12.99	\$8.99	
Tints of Nature	Hair Color - All Varieties	4.2oz	\$17.99	\$13.99	
	Lightener Hair Color Kit	1 kit	\$19.99	\$15.99	
Veriditas Botanicals	* Entire Line			25% Off	
Weleda	Arnica Massage Oil	3.4oz	\$17.99	\$13.99	
	Lavender Body Oil	3.4oz	\$17.99	\$13.99	
	Pomegranate Body Oil	3.4oz	\$23.99	\$17.99	
	Rose Body Oil	3.4oz	\$21.69	\$14.99	
	Sea Buckthorn Body Oil	3.4oz	\$21.69	\$14.99	
	Citrus Deodorant	3.4oz	\$10.99	\$8.79	
	Sage Deodorant	3.4oz	\$10.99	\$8.79	
	Wild Rose Deodorant	3.4oz	\$13.89	\$10.99	
	* All Facial Care.....				25% Off

Brand	* Product	Size	Regular Price	Sale Price
SUPPLEMENTS				
Boiron	Kids' Coldcalm	2-tube pk	\$14.29	\$9.99
	Kids' Oscillococcinum	6-dose	\$12.89	\$9.99
Country Life	CoQ10 100mg (GF)	120ct	\$29.99	\$25.99
	Liquid Multivitamin (GF)	32oz	\$29.99	\$23.99
Enzymatic Therapy	Complete Liver Cleanse (L)	84ct	\$25.99	\$20.79
	Whole Body Cleanse Kit (L)	1 kit	\$29.99	\$23.99
	Whole Body Stress Cleanse Kit (GF) (L)	1 kit	\$26.99	\$21.59
Enzymedica	Digest Spectrum (GF)	30ct	\$12.49	\$9.99
Fungi Perfecti	Chaga Mushrooms	60ct	\$31.99	\$23.99
	Cordy Chi Mushroom Blend	60ct	\$31.99	\$23.99
	Cordyceps Mushrooms	60ct	\$31.99	\$23.99
	My Community Mushroom Blend	60ct	\$39.99	\$29.99
	Stamets 7 Mushroom Blend	60ct	\$37.99	\$27.99
Garden of Life - NEW!	* Raw Meal (O) (GF)	single	\$4.99	\$3.59
	* Raw Meal (O) (GF)	2.6lb	\$56.59	\$39.99
	* Raw Protein (O) (GF)	single	\$2.79	\$1.99
	* Raw Protein (O) (GF)	22oz	\$41.19	\$29.99
Herb Pharm	Children's Echinacea	1oz	\$10.89	\$8.69
	Dandelion Extract	1oz	\$10.89	\$8.69
	Hawthorn Blend	1oz	\$11.39	\$8.59
	Healthy Cholesterol	1oz	\$11.59	\$8.69
	Healthy Heart Tonic	1oz	\$11.59	\$8.69
	Virattack Compound	1oz	\$10.59	\$8.49
	Stress Manager Compound	1oz	\$11.59	\$8.99
	Umckaloabo Extract	1oz	\$10.89	\$8.69
	Black Elderberry Glycerite	1oz	\$10.89	\$8.69
	Propolis Echinacea Throat Spray	1oz	\$10.89	\$8.69
	Super Echinacea	60ct	\$18.99	\$14.99
	Super Echinacea	1oz	\$11.79	\$8.99
Historical Remedies	Calm Drops (L)	30ct	\$5.99	\$4.49
	Moon Drops (L)	30ct	\$5.99	\$4.49
Hyland's	Cold & Cough 4 Kids	4oz	\$10.69	\$6.99
	Bioplasma Sport Electrolytes	12ct	\$12.69	\$8.99
	Liquid Defend Cold & Cough	8oz	\$13.79	\$9.99
	Night Defend Cold & Cough	8oz	\$13.79	\$9.99
KAL	Lactase 250mg	60ct	\$10.99	\$7.99

Brand	* Product	Size	Regular Price	Sale Price
SUPPLEMENTS Continued				
Manitoba Harvest	Hemp Seed Oil (O)	8.4oz	\$9.99	\$7.99
	Hemp Seed Oil (O)	16.9oz	\$16.99	\$12.99
MegaFood	* Balanced B-Complex (GF)	30ct	\$16.99	\$11.99
	* Adrenal Strength (GF)	30ct	\$30.49	\$21.99
	* Un-Stress (GF)	30ct	\$15.99	\$10.99
	* Blood Builder (GF)	30ct	\$12.99	\$8.99
Natural Factors	CoQ10 100mg	120ct	\$32.99	\$23.99
	PGX Daily Singles	30ct	\$22.99	\$16.99
	PGX Daily	120ct	\$39.99	\$27.99
	Alaskan Salmon Oil (GF)	180ct	\$22.99	\$16.99
	Turmeric & Bromelain	90ct	\$29.99	\$21.99
Nature's Plus	Source of Life Box Multi (GF)	90ct	\$34.89	\$25.79
	Source of Life Gold Multi Tabs (GF)	90ct	\$48.69	\$35.99
	Source of Life Multi Red (GF)	90ct	\$40.39	\$29.99
	Source of Life No-Iron Multi (GF)	90ct	\$34.59	\$25.99
	Source of Life Original Multi (GF)	30ct	\$13.39	\$9.99
	Source of Life Original Multi (GF)	180ct	\$65.49	\$48.99
New Chapter	Bio-CoQ10 (GF)	30ct	\$34.99	\$26.99
	Wholemega 1000mg (GF)	30ct	\$16.59	\$12.99
	Wholemega 1000mg (GF)	60ct	\$24.99	\$19.99
	Wholemega 1000mg (GF)	120ct	\$45.79	\$34.99
	Blood Pressure Care (GF)	30ct	\$34.99	\$26.99
Nordic Naturals	Entire Line			25% Off
Organic India	Ashwagandha (GF)	90ct	\$19.99	\$15.99
	Shatavari (GF)	90ct	\$18.99	\$14.99
Sambucol	Sambucol Syrup	4oz	\$14.39	\$10.99
	Sambucol Syrup	7.8oz	\$23.99	\$18.99
Solaray	B-Complex 50	100ct	\$13.79	\$9.99
	Niacin 500mg	100ct	\$8.39	\$5.99
Spectrum	Flax & Borage Oil (O)	8oz	\$20.89	\$14.99
	Flax Oil (O)	24oz	\$29.99	\$21.99
	Flax Pomegranate Oil	8oz	\$13.69	\$9.99
	Lemon Flax Oil (O)	8oz	\$13.79	\$9.99
	Lignan-Enriched Flax Oil (O)	8oz	\$12.79	\$8.99
	Omega-3 Flax Oil (O)	8oz	\$12.79	\$8.99

Brand	* Product	Size	Regular Price	Sale Price
SUPPLEMENTS Continued				
Super Nutrition	Simply One Women's (GF)	30ct	\$14.99	\$8.99
	Simply One Women's (GF)	90ct	\$34.59	\$21.99
UAS Labs	DDS-Plus Acidophilus (GF) (L)	100ct	\$21.59	\$16.99
Veg Life	Vegan 5-HTP	30ct	\$11.19	\$7.99
Vega - NEW!	Chocolate VegaOne (GF)	single	\$3.99	\$2.99
	Vanilla Chai VegaOne (GF)	single	\$3.99	\$2.99
	Chocolate VegaOne (GF)	15.4oz	\$39.99	\$31.99
	Vanilla Chia VegaOne (GF)	15.4oz	\$39.99	\$31.99
Wedge	Glucosumate Sulfate 500mg (GF)	60ct	\$9.29	\$6.99
	Glucosumate Sulfate 500mg (GF)	120ct	\$15.49	\$11.99
	Vitamin C/Rosehip 1000mg (GF)	100ct	\$14.29	\$10.99



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