

HIGH QUALITY + LOW PRICE EVERY DAY

# WEDGE BASICS

Find these Basics items at the Wedge!

3619212046

**Wedge**

COMMUNITY CO-OP

Sno-Pac

10oz

Organic Sliced Carrots

Wedge Basics

**\$1.99**

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Look for the tag!

## BULK FOOD

Rolled Oats  
Heartland Mills White Flour  
Bulk Peanut Butter  
(Grinder)  
Organic Black Beans  
Organic Green Lentils  
Organic Garbanzo Beans  
Organic Split Peas  
Organic Thompson Raisins  
Organic Penne Pasta  
Lundberg Organic  
Short-Grain Brown Rice  
Equal Exchange Coffee,  
Cafe Peru & Midnight Sun

## REFRIGERATED

Brown Cow Yogurt,  
All Varieties (6oz  
and 32oz)  
Organic Valley Milk,  
All Varieties  
Silk Soy Milk (64oz)  
Silk Cashew Milk (64oz)  
Schroeder Orange  
Juice (64oz)  
Schroeder Butter  
La Perla Corn Tortillas (36ct)  
House Tofu,  
Organic & Conventional  
Greek Gods  
Greek Yogurt

## BREAD

Silver Hills Bakery Bread  
Wedge Whole  
Wheat Bread  
Rudi's Organic Bakery  
Organic Bread

## GROCERY

Clif Bars  
Luna Bars  
Organic Muir Glen  
Tomatoes (14.5oz & 28oz)  
Blue Diamond Almond  
Milk (32 & 64oz)  
Earth's Best Organic  
Baby Food  
Seventh Generation  
Diapers  
Field Day Products,  
All Varieties

## FROZEN

Applegate Chicken  
Nuggets  
Wyman's Blueberries (15oz)  
Cascadian Farms  
Berries (10oz)  
Sno Pac Vegetables  
(10-80oz)  
Omena Organics  
Tart Cherries (16oz)

## HEALTH & BODY CARE

Everyday Shea Body  
Wash (32oz)  
Everyday Shea  
Shampoo (32oz)  
Everyday Shea  
Conditioner (32oz)  
EO Every Kid Soap (32oz)  
Sappo Hill Bar Soap (3.5oz)  
Wedge Multivitamin  
(60 & 180ct)  
Tom's of Maine  
Deodorant & Toothpaste

## MEAT & SEAFOOD

Kadejan Whole Chicken  
Kadejan Chicken Legs  
Beeler's Pork Sirloin Chops  
Beeler's Breakfast Sausage  
Beeler's Sliced Ham  
Country Natural Beef  
Co-op Chuck Roast  
Tilapia

## CHEESE

Ellsworth Valley  
Monterey Jack  
Swiss Valley Cream Cheese  
Australian 3-year Cheddar  
Pasture Pride Sharp  
Cheddar  
Brunkow Colby Jack  
Wisconsin Farms  
American Singles

042563604042

Linden Hills Co-op

Field Day Organic

6 oz

Tomato  
Paste

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# LINDEN HILLS BASICS

Find these Basics items at Linden Hills Co-op!

Linden Hills Basics

# 99¢

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## GROCERY

Field Day Organic  
canned vegetables  
macaroni and cheese  
canned beans pastas  
brown rice pastas  
pasta sauces  
pizza sauce  
canned olives  
salad dressings  
Modena balsamic  
vinegar  
apple cider vinegar  
extra virgin olive oil  
canola oil  
coconut oil  
cooking oil sprays  
coconut milk  
broths  
salsas  
apple juice  
fruit cups  
apple sauce  
fruit spreads  
peanut butters  
maple syrup  
honey  
cereals  
cookies  
crackers  
microwave popcorn  
Clif  
energy bars  
Luna  
nutrition bars

## MEAT

Thousand Hills Cattle Co.  
80/20 ground beef 16 oz  
Applegate Farms  
chicken nuggets 16 oz  
chicken nuggets  
GF 16 oz  
chicken strips 8 oz

## FROZEN

Cascadian Farms  
frozen fruit family size

## REFRIGERATED

Organic Valley Milk  
skim, 1%, 2%, whole  
Florida's Natural  
orange juice  
Greek Gods Yogurt  
greek yogurt  
Westsoy Soy Milk (32 oz.)  
Westsoy Unsweetened  
Almond Milk (32 oz.)  
Phil's eggs  
Brown Cow yogurt (6 oz.)  
Wildwood tofu (14 oz.)  
Ruminao cheese slices

## BULK

Equal Exchange  
select organic, fair-  
trade coffee beans

## BREAD

Silver Hills Bakery  
organic sprouted bread  
Rudi's Bakery  
organic bread

## BABY

Earth's Best Organic  
first fruit & veggies  
fruit & veggies  
fruit & veggie pouches  
yogurt smoothies  
Seventh Generation  
diapers  
Field Day  
baby wipes

## HOUSEHOLD

Field Day recycled  
paper products  
paper towels  
facial tissue  
bath tissue  
2 ply bath tissue  
1000 sheet bath tissue  
napkins  
Field Day cleaners  
dish soap  
laundry detergent  
dishwasher powder  
dishwasher pods  
all-purpose cleaner  
tall trash bags

## PERSONAL CARE

Tom's of Maine  
toothpaste botanically  
bright  
toothpaste propolis  
myrrh  
deodorant lemongrass  
Everyday Shea  
body wash  
body lotion  
shampoo & conditioner  
Everyday Coconut  
hydrating body wash  
hydrating body lotion  
hydrating shampoo  
& conditioner  
Sappo Hill soap (3.5 oz.)  
Linden Hills Co-op  
Basic Multi (90 ct.)