

## BREAKFAST!

SERVED 7 AM - 11 AM

### QUINOA BREAKFAST BOWL

eggs, quinoa, spinach, black beans, monterey jack, avocado, scallion, avocado dressing

7

### SOLAR POWER

cauliflower rice, spring greens, eggs, monterey jack, black beans, broccolini, carrot ginger dressing

8

### WEDGE BREAKFAST BURRITO

eggs, monterey jack, tomato, spinach, black beans, brown rice, salsa fresca, sour cream in a WedgeMade tortilla

8

### BACON, EGG & CHEDDAR SANDWICH

bacon, eggs, cheddar, monterey jack, spinach on WedgeMade focaccia

7

### BAGEL & SPREAD

toasted St. Paul Bagelry bagel with choice of: plain cream cheese, sunbutter, or raspberry jam

3

## SALAD BAR & SOUP

fresh, seasonal selections and customizable just for you

SALAD → 8.99/lb.

SOUP → 3.50/cup 5.50/bowl

## BOWLS

SERVED 11 AM - 9:30 PM

### SWEET POTATO SOBA BOWL

roasted sweet potato veggie noodles, daikon kinpira, grilled broccolini, scallion, carrot ginger dressing

[suggested protein → bulgogi beef]

8

### WEDGE BURRITO BOWL

brown rice, black beans, spinach, tomato, avocado, sour cream, monterey jack cheese, tomatillo salsa

[suggested protein → ropa vieja beef]

7

### MAYAN GRAIN BOWL

kale, quinoa, roasted sweet potatoes, black beans, avocado, crispy shallots, avocado dressing

7

### ALOHA BOWL

cauliflower rice, avocado, sprouts, roasted oyster mushrooms, edamame, furikake, pickled onion, ponzu dressing

8

### RAINBOW VEGGIE NOODLES

roasted golden beets, red beets, sweet potato and daikon radish veggie noodles, spring greens, roasted hazelnuts, and tahini lemon dressing

[suggested protein → tofu]

8

## MAKE IT YOUR OWN

ADD → free range chicken or grass-fed beef for \$3.

ADD → tofu or WedgeMade seitan for \$2

ADD → avocado for 75¢

SUB → cauliflower rice for \$1

SUB → gluten free bread for 50¢

## BURRITOS & SANDWICHES

SERVED 11 AM - 9:30 PM

Served with a side of Whole Grain Milling Chips & WedgeMade Salsa. Substitute greens for an extra \$1. Substitute a cup of soup for an extra \$2.

### WEDGE BURRITO

brown rice, black beans, spring greens, tomato, red onion, monterey jack cheese, avocado, sour cream in a WedgeMade tortilla

[suggested protein → ropa vieja beef]

8

### KOREAN BURRITO

brown rice, daikon kinpira, grilled broccolini, scallion, carrot ginger dressing in a WedgeMade tortilla

[suggested protein → bulgogi beef]

8

### SMOKED TURKEY & GRUYÈRE

Ferndale smoked turkey, Fierce Ferment's Curtido, sprouts, cilantro, gruyère (made with raw milk), white barbecue sauce on a WedgeMade hoagie bun

10

### TRIPLE CROWN BBQ BEEF SANDWICH

shredded 1000 Hills grass-fed beef, Triple Crown BBQ sauce, coleslaw, pickled jalapeños on a toasted WedgeMade bun

9

### JALAPEÑO POPPER GRILLED CHEESE

cheddar cheese, pickled jalapeños, apricot jelly, and cream cheese on a foccacia roll

[suggested protein → bacon \$1]

7

### SWEET POTATO & BLACK BEAN QUESADILLA

roasted sweet potato, black beans, monterey jack cheese, cilantro in a WedgeMade tortilla

7